

Sponsoring Congregations

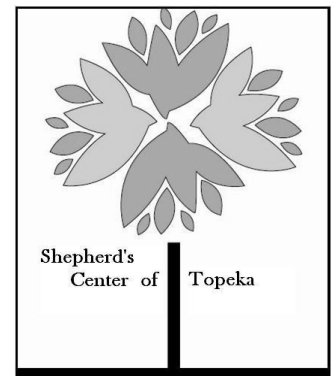
Brookwood Covenant
Central Congregational
Countryside UMC
Crestview UMC
Faith Lutheran
Fairlawn Nazarene
First Baptist
First Congregational
First Christian
First Lutheran
First Presbyterian
First United Methodist
Grace Episcopal Cathedral
Grace UMC
Lowman UMC
Most Pure Heart of Mary
Our Savior's Lutheran
St. David's Episcopal
Susanna Wesley UMC
Town & Country Christian
Trinity Evangelical Lutheran
Trinity Presbyterian
University UMC
Westminster Presbyterian
West Side Baptist
West Side Christian

Community Partners

Aldersgate Village
Arthritis Foundation
Atria Hearthstone
Brewster Place
Clare Bridge
Heartland Hospice
Homestead Assisted Living
Hospice Care of Kansas
Legend at Capital Ridge
Lexington Park
McCrite Plaza
Midland Care
Rebound Physical Therapy
St. Francis Senior Spirit
Stormont-Vail Healthwise 55
Topeka—Shawnee County
Public Library

Adventures in Learning!

"Learning is a lifelong summons to renewal of the soul." Joan Chittister



Attendance Fall Session—251

~

Issue No. 24: Winter 2012

C (challenges) H (hearing) A (answers) N (new) G (growth) E (empathy)

Changes for the New Year at Shepherd's Center

On Dec 1, the SCT Board of Directors and the Task Force gathered for a brainstorming session regarding the future of Shepherd's Center. Several **challenges** were laid before them to seek the best possible solution and determine what would be in the best interest of all parties involved. What follows is a list of concerns we were **hearing**, followed by the **answers** that were decided upon.

- Not enough time to enjoy refreshments & go to the bathroom at break;
- Cannot hear in the Chapel;
- As our numbers grow, so does the expense of meals provided by Atria;
- Insufficient help shows up to set up tables and chairs on Thursdays;
- No room to move, fire code violation in dining room;
- Need for more bathrooms;
- One-hour may be too long for some speakers to give programs;
- Too long of time spent sitting, need to move around more.

A **new** structure to "**Adventures in Learning**" offered the best solutions and will handle **growth**. Beginning in 2012, the following schedule was adopted:

8:30—9:00	Registration, Health/Wellness Info and Exercise in Gym
9:10—10:00	Class Choice No 1
10:00—10:40	Brunch
10:40—11:30	Class Choice No 2
11:40—12:15	Music/Announcements

Our Community Partners are willing to host a brunch in the downstairs dining room consisting of mainly finger foods of both a breakfast and lunch nature, and including options for diabetics. Persons have their choice of sitting in the dining room, small café adjacent to the dining room, the registration area or the parlor upstairs. Coffee & water will be available in both the dining room and the parlor. Folding chair carts will be left out so that people can "pull up a chair" wherever they wish, we simply ask that you take responsibility for stowing away the chair when finished in the same way that you recycle your bottles and throw away paper goods. Going downstairs mid-morning gives access to 10 more bathroom stalls and will be good for us in circulating the blood flow in our legs. We will watch for ways to assist those with physical limitations. Drawings, birthdays, anniversaries and announcements will take place in the sanctuary. We will be testing a different style of microphone in the Chapel for Winter Session.

Before reacting negatively to the changes, we all ask that you re-read the list of challenges. Please have **empathy** for those who try to juggle all of the balls in the air, but also know that we are still open to suggestions.

A Little Discussion with the Director



Debra Stufflebean

Recently I've spent some time contemplating what constitutes *warmth*. Growth and change are often considered the enemy of intimacy. On the one hand, I'm a traditionalist and really like the familiar, a real cause fighter for saving old buildings and singing the old songs but on the other hand find myself in the awkward situation of championing change. I always dreamed of having one old fashioned home that would become grandma's house in my old age—but then wound up moving several times as an adult. When my grandparent's house burned down, I GRIEVED because I thought that house contained my childhood

memories. Oddly, though, the taste of certain foods, the smell of certain things, the way someone tells a story also conjures up memories of Grandma. The structure is no longer there, but it is the *relationship* I had with my grandma that still provides *warmth*. As I listen to my children chattering at family gatherings, I've come to realize that they, too, have acquired memories (some revised in the recalling :) despite their having to change homes, because it is the *relationships* we build in life that create a feeling of *warmth*.

There is concern about all of us not eating together in one dining room, but the alternative was to set up table and chairs in the gym which would further complicate the amount of help needed for set-up on Thursdays, as well as before going home on Friday. Besides, we're

pretty much restricted to visiting with only the people at our table even when we are in one room. I'm still going to make you stand up on your birthday and we're still going to ham it up on your anniversary—it's just going to be upstairs in the sanctuary, and I think God has a sense of humor and will be ok with it, because if we've learned anything from Him, it's that it's not about the building, it's about *relationships*.

We're still going to hug when I greet you (unless you dodge me) and we're still going to be sure everyone knows when something important has happened to one of our members. The *warmth* will still be there because YOU will be there and I'm going to be there and that's what matters the most.

Debra



Aldersgate Home Health will sponsor our health & wellness table and gym exercise for Winter session.

Brunch Sponsors:

Feb 3: Aldersgate Village



Feb 10: Atria



Feb 17: Clare Bridge

Feb 24: Brewster Place



Please Note on Calendar:

Jan 25—Task Force Mtg, 10:00

Jan 9, 23, Feb 14, 28 – Hand & Foot, Trinity Presby Church, 21st & Sims, 2-4:00

Feb 3, 10, 17, 24—Winter 2012 Session, *Adventures in Learning!*

Mar 1—Board Meeting, 3:30

Mar 7—Newsletter Mailing, 10:00

Apr 13, 20, 27, May 4—Spring 2012 Session, *Adventures in Learning!*

Congratulations to Leola Brown Montgomery who was recognized Nov 12 by the National Civil Rights Museum in Memphis for her "tireless contribution to civil and human rights." The Museum was formerly the Lorraine Motel where Martin Luther King Jr was assassinated. Leola is a SCT member & volunteer, and we are proud of her!

We welcome clergy of our sponsoring churches who may attend Shepherd's Center FREE for a single class or a full session. We only ask that you call the office beforehand, and spread the good news later!

Walking in the gym is encouraged. "Walk & Talk" whenever possible!!

Who is a Member?

If you have ever attended one full "Adventures in Learning!" session, you're considered a member. To be in good standing, you've attended at least one of four in the past year. If you wish to be eligible for fieldtrips and the annual summer vacation trip, you MUST have paid for at least one of four of the past "Adventures in Learning!" sessions.

Church Sponsors



Shepherd's Center thanks the following sponsoring congregations who gave financial support for the year 2011:

- Brookwood Covenant Church
- Central Congregational Church
- Faith Lutheran Church
- First Lutheran Church
- First Presbyterian Church
- First United Methodist Church
- Grace United Methodist Church
- Most Pure Heart of Mary Parish
- Our Savior's Lutheran Church
- Susanna Wesley United Methodist
- University United Methodist Church
- West Side Baptist Church
- West Side Christian Church

We appreciate our members who bring an annual donation to the attention of their church.

Parking



Please leave the entire first row of parking spaces in the west FBC parking lot for those with disability tags. Overflow parking is available on the west rows of the Masonic Temple north of the church. Please **DO NOT** park in the strip of parking spaces on the south side of FBC in order to accommodate our speakers.

Trip to Mackinac Island June 17-23

Deposits and purchase of insurance (details on trip flyers) are due Jan 1—15. If you have a roommate, the deposit is \$75 each; Deposit for single occupancy is \$275. The remaining balance of \$514 for everyone is due April 13 (first Friday of Spring Session). If you wish to make partial payments in the interim, you may do so. All trip checks (not travel insurance) should be payable to the Shepherd's Center. If you need the name/phone number of someone without a roommate, call the office. A waiting list for SCT MEMBERS ONLY is started.

Guest Policy

Everyone (member or guest) must register to attend an "Adventures in Learning" session. First time visitors **MUST** register by Tuesday before the Friday they plan to attend so we will have an accurate count for Community Partners that provide food. A "Guest" name badge should be picked up in the registration foyer. Visitors may come **ONCE** without paying, but then must pay the \$25 registration fee if they wish to come the remaining Fridays of that session. It costs nothing to check us out — we're confident that you'll want to come again. By providing your address, guests will receive the newsletter for one year.

(Scholarships are available for those who have a financial need—visit with the Director or your Pastor.)

Winter Weather Policy

Please be aware that ice, snow or even a forecast of bad winter weather may cause a Friday's *Adventures in Learning* to be cancelled. If possible, alternative arrangements will be made for the same set of classes to be given at a later time but there is no guarantee. Determination will be made on Thursday afternoon if possible with notice given by e-group or by message on the office phone: 267-0248.

Registration Reference

We have begun putting the registration manual on the name tag table so if you have forgotten what classes you registered for, you may refer to it before attending classes during session.

E-Group

Don't miss out on what's happening between newsletters! Join the SCT E-Group, a one-way communication from the Director. By putting your email address on your registration form, you are automatically enrolled, or use the handy enrollment box on the sessions/trips page of our website: www.shepherdscentertopeka.org



New Board Member

Kem McHugh has been selected by the Board to fill the unexpired term of Al Thomas. We thank Al for his service to SCT, and look forward to working with Kem. She is also a member of Most Pure Heart of Mary Parish, and a long-time member of SCT.



“Adventures in Learning!” Winter Session

Classes for Friday, February 3, 2012

Current Events—Get Involved



9:10—10:00 a.m.
News & Views

Andrew Gray from the Libertarian Party joins host Kevin McFarland for this special “Election Year” series. Please save questions until after guests are finished speaking.

9:10—10:00 a.m.
Back by Popular Demand

North Topeka Business District

Popular guest speaker and historian Doug Wallace, who last spoke to us about the history of Topeka High, will provide a glimpse into what the North Topeka Business District was like before the flood, before vacant buildings, and before being resurrected as the NOTO Arts District.

9:10—10:00 a.m.
Health

Long Term Care in Smaller Communities

One size does not fit all when it comes to long term care. Fortunately, in Kansas, there are many choices and possibilities. Bigger communities must guard against people getting lost in the shuffle; smaller communities must guard against invading people’s privacy. What’s important is finding “the right fit for you.”

9:10—10:00 a.m.
The Arts

Kansas Author Max Yoho

An avid reader, and former Goodyear machinist, Max began writing when he retired. Five books later, Max is still motivated to get up each day & put his thoughts down in his humorous, folksy style. The author maintains a website at www.dancinggoatpress.com.



10:40—11:30 a.m.
Religion

Journey to Healing

Rev. Peter Tremain, former pastor of Faith Lutheran, lost his wife of 44 years in June 2010. Struggling to find a way to deal with his grief, he set off on an adventure to seek healing. Hear about his mountain-top experiences in New Zealand & Australia and the wonderful people he met along the way.

10:40—11:30 a.m.
People/Places



Our Dangerous Universe

Dr. Brian Thomas, Dept of Physics & Astronomy, discusses a variety of events that could effect life on earth from asteroids and solar flares to explosions of massive stars in our galaxy.

10:40—11:30 a.m.
Community



Topeka through the Eyes of a Journalist

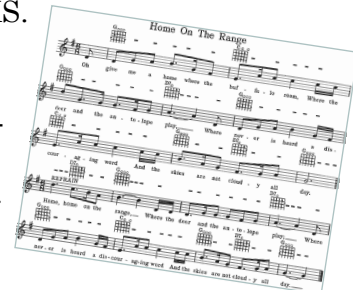
Mike Hall retired from the Topeka Capital-Journal in Dec 2011 after covering local news for forty years. Among his assignments were reporting on state and local government, and the editorial page. We’re fortunate to hear his perspective on Topeka, KS.

10:40—11:30 a.m.
Library Wisdom



Kansas Songs

Many songs have been written about Kansas, and several poets and songwriters lived and worked in Topeka. Charity Rouse will draw from a sheet music collection of John Ripley.



11:40—12:10 p.m.
Music

Australian Didgeridoo

Gary Mann will play this Australian wind instrument developed by the Aborigines 1500 years ago. The didgeridoo is sometimes referred to as a wooden trumpet or drone pipe.



“Adventures in Learning!” Winter Session

Classes for Friday, February 10, 2012

Current Events—Get Involved

9:10—10:00 a.m.
News & Views

Clayton Barker from the Republican Party joins host Kevin McFarland for this special “Election Year” series. Please save questions until after guests are finished speaking.



Topeka—Kansas Railway Hub

9:10—10:00 a.m.
Back by Popular Demand

Bette Allen from the Great Overland Station returns to talk about the regular exhibits found at the station: Santa Fe and Union Pacific artifacts & photographs and KS trains dating back to 1932; and a featured exhibit, the Briscoe collection of Santa Fe calendars.



Crohn’s & Colitis

9:10—10:00 a.m.
Health

Cindy Baird, Nurse Practitioner with the Cotton O’Neil Digestive Center will return to SCT to talk about the uncomfortable and unpredictable conditions of Crohn’s Disease and ulcerative Colitis. Learn about the symptoms, laboratory tests, imaging studies and treatments for these similar conditions.



Freelance Writing

9:10—10:00 a.m.
The Arts

A freelance writer has the challenge of adjusting their writing to not only different publications but also satisfying different editors. Still for those with talent, like Karen Ridder, being a free agent has benefits.

Constructive Conflict within the Body of Christ

10:40—11:30 a.m.
Religion

Rev. Dr. Cheryl Henson knows conflict can be healthy for growth or a slippery slope to destruction. Having been a pastor with regional oversight for a variety of church congregations, she has a few tips on how to avoid the “Skunk-Rabbit Syndrome,” and how to apply Biblical and practical solutions for defusing and managing conflict.

Ur, Iraq—Birthplace of Abraham

10:40—11:30 a.m.
People/Places

Sgt 1st Class Rosalyn Carr (and former USD 501 Principal) was deployed to Iraq twice. In her recollection of time served, some memories are negative, but she strives to stay positive, and reminds others that *Freedom* is never free.



10:40—11:30 a.m.
Community

AARP TaxAide



Gale Wollin says last year 32 volunteers provided free tax preparation and e-file services for 3,306 seniors. He will talk about the organization, current tax laws, and ways to reduce taxes.

10:40—11:30 a.m.
Library Wisdom



Time for Tea

Tea can be a massage for your brain, a spa for your soul—and it’s good for your health, too. Kathy Groesbeck will talk about the history of afternoon “*high-tea and low-tea*,” the various types of tea (black, green, oolong, white & red) and how to brew the perfect pot of tea.



Deo Gloria Singers

11:40—12:10 p.m.
Music

Cornerstone Family Schools Choir is directed by Dorothy Iliff, who has taught in public/private schools for 30 years, and is the daughter of Mary & Lloyd Muilenburg. Musical selections will be from classics including Haydn’s Great & Glorious to a beautiful new anthem titled God of Heaven.

***“Adventures in Learning!”* Winter Session**

Classes for Friday, February 17, 2012

Current Events—Get Involved

9:10—10:00 a.m.
News & Views

Joan Wagnon from the Democratic Party joins host Kevin McFarland for this special “Election Year” series. Please save questions until after guests are finished speaking.



Baha’i Faith

9:10—10:00 a.m.
Back by Popular Demand

Duane Herrmann returns to SCT to discuss his religion of over 40 years. Baha’u’llah, divine messenger to this body of people, brought the message of unity: the oneness of God, the oneness of the human family, and the oneness of religion. Herrmann’s research and writings on Baha’i have been published in dozens of countries and in four different languages.

Audio Reader

9:10—10:00 a.m.
Health

Audio Reader is a radio reading service provided by the University of Kansas for the blind or visually impaired that specializes in newspapers and magazines. Learn from Peg Sampson how volunteers like our own SCT member & A-V assistant, Les Carlson, makes life more pleasurable for others.

Crochet

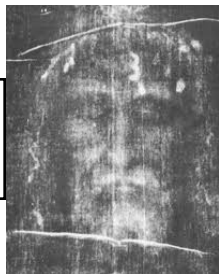
9:10—10:00 a.m.
The Arts

Connie Gould, President of the Topeka Crochet Guild, will teach the basics of crochet and show examples of some of the crafts their group makes. Crochet, the French word for “hook” was originally called “shepherd’s knitting,” and became popular around 1800. However, unlike knitting, crochet uses a single hook to make intricate art.



Shroud of Turin

10:40—11:30 a.m.
Religion



Dr. Bob Conroy discusses this controversial relic, the shroud of Turin, from a medical perspective. Questions arose when 600 years ago a burial cloth was found and thought to be that of Jesus Christ’s.

Mrs. Kansas America

10:40—11:30 a.m.
People/Places

Bobbie Padgett from Topeka was crowned the 2012 Mrs. Kansas America last Labor Day weekend. Not only was it her first time in a pageant, but her first time on a stage. The mother of five will share her pageant experience and her hopes for her reign in the coming year.



Kansas Children’s Discovery Center

10:40—11:30 a.m.
Community

Open in June, 2011, at Gage Park, the KCDC provides children a hands-on environment for discovery, exploration and creative thinking. Exhibits emphasize math, science and the arts. According to Jamie Crispin, volunteers are their greatest resource and a perfect fit for retired teachers and day care providers.

Classic Film Stars of the 1930’s

10:40—11:30 a.m.
Library Wisdom

Clark Gable, Jean Harlow, The Marx Brothers are just a few of the many performers covered in Brian Adams’ celebration of the best Hollywood stars of the 1930’s. Revisit the kings and queens of Tinseltown in his collection of photos & film clips.



Carlos Cabezas on the Violin

11:40—12:10 p.m.
Music



Columbia-born Carlos Cabezas enjoys playing classical and Christian music. He began playing at age 9, graduating from music conservatory at age 19. He recently received his bachelors from Washburn University.

***“Adventures in Learning!”* Winter Session**

Classes for Friday, February 24, 2011

9:10—10:00 a.m.
News & Views

Current Events—Get Involved

Kevin McFarland will recap, compare and contrast the platforms of the three parties who provided guest speakers on Feb 3, 10 and 17. News & Views will return to its regular format for the Spring Session.

9:10—10:00 a.m.
Back by Popular Demand

Eisenhower: A Man of the Times – For the Times

Abilene native, Dale Jirik, returns to SCT, to talk about one of Kansas’ most popular native sons, Dwight David Eisenhower. Jirik has studied the past president’s life and personally knew his parents. He will story Ike’s accomplishments and tenure as an Allied Supreme Commander in WWII, and highlights from his presidency.

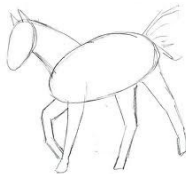


9:10—10:00 a.m.
Health

Stroke Facts

Jennifer Sodergren, Occupational Therapist with St. Francis Hospital, will cover signs, symptoms, risk factors for stroke. She will then discuss the type of rehabilitation that generally needs to happen following a stroke and family support needed.

9:10—10:00 a.m.
The Arts



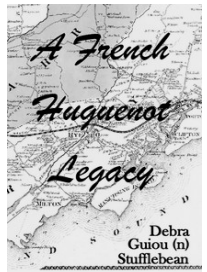
Creativity—Learning to Draw

Art therapist, Charles Anderson, will provide some hands-on instruction for getting in touch with your own creativity, showing you some basics for learning to draw.

10:40—11:30 a.m.
Religion

French Huguenots

Author Debra Stufflebean decided to delve into her ancestry after inheriting a book of genealogy. The more that she discovered about the Huguenots, the more fascinated she became. From the Knights Templar to fighting in the Revolution under George Washington, she retells their flight from France for religious freedom. Her books are available at: www.kansaswriter.com.



10:40—11:30 a.m.
People/Places



Privy Treasures

Twenty years as a privy digger has resulted in quite a bottle collection, unusual odds and ends, and some good stories to boot! Join Jim Ricketts for a fun class.

10:40—11:30 a.m.
Community

Safe Streets Wisdom for Seniors

Sally Zellers will cover personal safety for seniors in their homes & out in the community, how to make property secure using environmental design that can deter burglars. Some precautions you may know, but need to be reminded.

10:40—11:30 a.m.
Library Wisdom

Kansas Big Read: *Our Boys*

Nate Hohl discusses Kansas literature pick, *“Our Boys: A Perfect Season on the Plains with the Smith Center Redmen”* by Joe Drape. Coach Barta had an extraordinary 2008 football season in Smith Center. His coaching philosophy and amazing record led to a winning streak that will long be remembered.

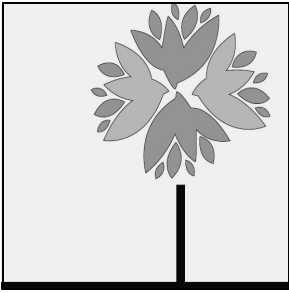


11:40—12:10 p.m.
Music



Hurst Coffman at the Grand Piano

Returning to the keyboard is everyone’s favorite pianist and local estate attorney, Mr. Hurst Coffman.



Shepherd's Center of Topeka
3033 SW MacVicar Avenue
Topeka, Kansas 66611-1899
Phone: 785-267-0248

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If you wish to be deleted from our mailing, please call 267-0248.

Winners of the 2011 Volunteer Awards

Winners of this year's awards went to **Betty Dew** who has helped with newsletter mailings for the Registrar-regular fixture serving coffee in the refreshments tee—and someone who actually ASKED if we



who has handed out nametags and tion Committee, and has become a parlor for the Hospitality Committee could find a regular job for her to do. *Adventure's in Learning* for several



Jack Shutt who has faithfully set up for years for the Facility Management Committee (sadly on a couple occasions was one of only a couple of men that did come on a Thursday) and Jack is always willing to be a speaker facilitator; letter mailings and Avanelle Roseberry



Helen Chanay who has spent years helping out with news-dining room set-up for the Hospitality Committee. When became ill last year, Helen was willing to keep things going of the Year" went to **Glenna Meek**.



Glenna and has tration tags, hostess/ trash left

in her absence. "Volunteer is one of the most coopera-been involved in so many Committee by doing news-and making reminder phone calls for fieldtrips. She's even been an alternate caller for the Hand & Foot group. For several years Glenna has picked up any behind in the sanctuary before leaving on Fridays from *Adventure's in Learning*, which the Director would have otherwise had to do before going home. She has been a faithful worker doing dining room set-up for the Hospitality Committee, and like Helen, probably has done so since SCT first began. When the time came to appoint a new Hospitality Chairperson this year, Glenna was willing to step up her responsibilities to SCT. Once again, many, many thanks to McCrite Plaza for hosting our annual Volunteers Banquet on Nov 30th. Their village was lit up with Christmas lights setting the scene for a very special evening.



Registration: Mail completed registration form to SCT, 3033 SW MacVicar Ave, Topeka, KS 66611, along with check payable to SCT. Check Box if New or Changed Info. >

Name (s) _____ Phone # _____

Address/Zip _____

E-mail: _____ Place of Worship: _____

I am a FIRST TIME GUEST = 1 Friday FREE. I will attend _____ (date).

(Make class selections for chosen Friday below.)

Four Fridays = One Session. Members pay \$25 per Session, which includes 4 exercise classes, 8 Learning classes, 4 musical programs, 4 catered brunches & the opportunity to go on fieldtrips.



Number of Registrations _____ x \$25.00 = \$ _____

Donation to this ministry = \$ _____

Check Total = \$ _____

Note: Please write a separate check if paying towards annual trip.

Class Selection: Each person choose two classes per Friday (select one from the four classes listed in each time slot). Pre-registering helps us with room assignments.

February 3, 2012

9:10-10:00 News & Views _____
 North Topeka _____
 Small Home Providers _____
 Max Yoho _____
 10:40-11:30 Journey to Healing _____
 Dangerous Universe _____
 Mike Hall _____
 Kansas Songs _____

February 10, 2012

9:10-10:00 News & Views _____
 Railroading _____
 Crohn's/Colitis _____
 Freelance Writing _____
 10:40-11:30 Church Conflict _____
 Ur, Iraq _____
 AARP Tax Aide _____
 Time for Tea _____

February 17, 2012

9:10-10:00 News & Views _____
 Baha'i Faith _____
 Audio Reader _____
 Crochet _____
 10:40-11:30 Shroud of Turin _____
 Mrs. KS America _____
 Children's Discovery Center _____
 Classic Film Stars _____

February 24, 2012

9:10-10:00 News & Views _____
 Eisenhower _____
 Stroke Facts _____
 Creativity—Drawing _____
 10:40-11:30 Huguenots _____
 Privy Treasures _____
 Safe Streets _____
 KS Big Read: Our Boys _____

PLEASE MAIL BY JAN 25th. THANKS!

February 3, 2012

9:10—10:00 a.m.

News & Views with Kevin McFarland
North Topeka by Doug Wallace
Small Home Providers by Amanda Nipps
Author Max Yoho

10:40—11:30 a.m.

Journey to Healing by Rev Peter Tremain
Dangerous Universe by Dr. Brian Thomas
Topeka by Mike Hall
Kansas Songs by Charity Rouse

11:40-12:10 — Sanctuary Music

Didgeridoo by Gary Mann

February 10, 2012

9:10—10:00 a.m.

News & Views with Kevin McFarland
Railroading by Bette Allen
Crohn's/Colitis by Cindy Baird, ARNP
Freelance Writing by Karen Ridder

10:40—11:30 a.m.

Church Conflict by Rev. Dr. Cheryl Henson
Ur, Iraq by 1Sgt Rosalyn Carr
AARP Tax Aide by Gale Wollin
Time for Tea by Kathy Groesbeck
11:40-12:10 — Deo Gloria Singers

Hosted at First
Baptist Church
3033 SW MacVicar
Topeka, KS 66611
785-267-0248



WINTER 2012 SESSION

Adventures in Learning!

Focus on Fitness [8:30—9:00]

Health Services & Gym Exercise

By Aldersgate Home Health



**Catered Brunch [10:00—10:40]
Compliments of**

**2/3—Aldersgate Village
2/10—Atria**

2/17—Clare Bridge

2/24— Brewster Place

www.shepherdscentertopeka.org

Office Email: shepherdstopeka@yahoo.com

February 17, 2012

9:10—10:00 a.m.

News & Views with Kevin McFarland
Bahai by Duane Herrmann
Audio Reader by Peg Sampson
Crochet by Connie Gould
10:40—11:30 a.m.

Shroud of Turin by Dr. Bob Conroy
Mrs. KS America by Bobbie Padgett
KS Children's Discovery Center
Classic Film Stars by Brian Adams
11:40-12:10 — Sanctuary Music
Carlos Cabezas on the Violin

February 24, 2012

9:10—10:00 a.m.

News & Views with Kevin McFarland
Eisenhower by Dale Jirik
Stroke Facts by Jennifer Sodegren OTR/L
Creativity-Drawing by Charles Anderson
10:40—11:30 a.m.

Huguenots by Debra Stufflebean
Privy Treasures by Jim Ricketts
Safe Streets by Sally Zellers
KS Big Read: Our Boys by Nate Hohl
11:40-12:10 — Sanctuary Music
Hurst Coffman at the Grand Piano